



# Angel News

A Touch of Grace Hospice

September, 2011

Volume 1, Issue 1

## Grief Support Group:

Are you or someone you know struggling to overcome the loss of a loved one?

Learn techniques that will help you through the grief process.

- **Support Group meets the 2nd and 4th Tuesday of every month**
- **8250 S. Cicero Avenue, Burbank**
- **6:00 pm—7:30pm**
- **No Charge**

For more information, please call Chaplain Anita Windom at 708-499-3400.

## In this issue:

Every Life Deserves A Touch of Grace 1

The Truth Behind Hospice 1

Asking for Help 2

Touches of Grace 2

## Every Life Deserves A Touch of Grace



Dr. Jennifer Moore,  
CEO and Owner  
A Touch of Grace Hospice

Welcome to our first edition of Angel News!

My name is Dr. Jennifer Moore, and I am the CEO and Founder of **A Touch of Grace Hospice**. I decided to form A Touch of Grace over six years ago when I realized that great disparities existed in minority communities in the use of hospice services. I truly believe that every individual should have the opportunity to receive quality hospice care when faced with a life-limiting illness, and that care should be provided in a culturally and spiritually sensitive way.

It is my passion to provide quality hospice care to anyone that needs it, regardless of their ability to pay. Through Angel News, I hope to continue to provide education and ensure more people are aware of the wonderful services that are available.

I am committed to providing you with new information and resources that will benefit your family, friends or neighbors in your community. **A Touch of Grace Hospice** is here to support you!

## The Truth Behind Hospice

*Myth: Hospice is just like home health care.*

**Fact: Hospice is a type of care that helps a patient and a family when curative treatments are no longer working. Hospice care provides a variety of services including but not limited to: medical, nursing care, certified nursing assistants, social workers, chaplains, volunteers, respite care and homemakers.**

*Myth: Hospice is expensive.*

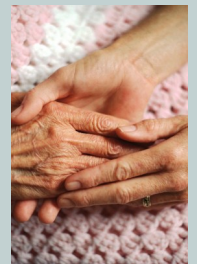
**Fact: Hospice is covered by Medicare, Medicaid and many private insurance plans. If you have no coverage, A Touch of Grace Hospice will help you!**

*Myth: Hospice is a place you go*

**Fact: Hospice care is provided wherever the person needing the care resides, whether it be a home, nursing home, assisted living facility or senior building.**

*Myth: Hospice means you cannot get any more medical treatment*

**Fact: Persons receiving hospice care can continue to seek aggressive treatment, including further hospitalizations, for any illness not related to their hospice diagnosis.**



Continued...



## The Truth Behind Hospice

continued

True	False
<input checked="" type="checkbox"/>	<input type="checkbox"/>

### A Touch of Grace Hospice

8250 South Cicero Avenue  
Burbank, IL 60459

Tel: 708-499-3400  
Fax: 708-499-3404  
E-mail: [info@touchofgrace.net](mailto:info@touchofgrace.net)



**We're on the Web:**

Visit us at [www.touchofgrace.net](http://www.touchofgrace.net)

### Sign up for Future Newsletters:

To receive Angel News, you can sign up at [www.touchofgrace.net](http://www.touchofgrace.net), or send an email to [info@touchofgrace.net](mailto:info@touchofgrace.net). Please include "newsletter" in the subject line.

**Myth:** Hospice is for people that have given up.

**Fact:** Hospice helps a person manage pain and other symptoms allowing them to live their lives more fully. Hospice does not mean there is no hope left.

**Myth:** People always die on hospice.

**Fact:** Every year, hospice patients come off hospice because they stabilize and no longer require hospice.

**Myth:** All hospice programs are the same.

**Fact:** All hospices provide services like nursing, but A Touch of Grace Hospice stands apart from others. For example, we also offer homemaker services and a 24-hour prayer team.

**Myth:** The doctor will tell me if I need hospice.

**Fact:** If the doctor does not bring up hospice, it is okay to ask a doctor if hospice care is appropriate. You can also call A Touch of Grace Hospice and we

## Asking for Help



We know it is very difficult to reach out and ask for help, however, there are a variety of services in the community to help you, and many times the services are free. Following are some resources that may be able to help you. In addition, if you know of someone that is facing a life-limiting illness, someone is available at **A Touch of Grace Hospice 24 hours a day, seven days a week** at **708-499-3400** to assist you.

Department on Aging: 312-744-4016

Alzheimer's Association: 312-335-8700

Catholic Charities of Chicago: 312-655-7000

American Cancer Society: 312-372-0471

## Touches of Grace

In each issue of Angel News, we will profile one of our employees giving you a chance to get to know us a little better!

Katrina Goodman is a certified hospice health aide who has worked for **A Touch of Grace Hospice** for over six years. Katrina gives special personal care to our hospice patients such as shampooing hair, shaving, bathing and helping a person to dress. Katrina also goes above and beyond the duties of a hospice aide by singing and dancing with a patient if she thinks it will raise their spirits.

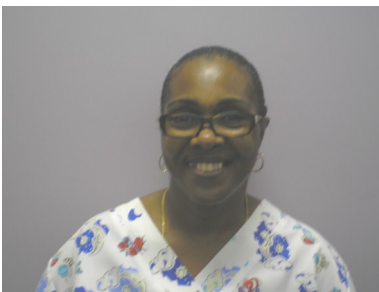
Katrina is also a critical part of the hospice team by providing the hospice nurse and other team members feedback on patient and or family changes and concerns. She also works with the family by encouraging them to turn

patients that are bed bound to prevent bed sores.

When asked about Katrina's favorite part of her job she said, "giving the best care I can to all of my patients." Katrina has a huge heart, and it's impossible not to feel this when you are with her.

Katrina also shared that "I enjoy developing relationships with my patients and families. I can see families views of hospice change. When they first start receiving our care they think it's all about dying, but then realize hospice is about providing the best care and love you can while your loved one is with you."

Having worked with over 200 families, Katrina wishes that more people would use hospice services.



**Katrina Goodman,**  
Hospice Health Aide